



Morning Star Las Cruces 2022 Discussion Questions

September 25, 2022

Series: Confirmed: It's Not What You Know

Title: Sustained

Text: Galatians 5:13-26

Discussion Questions

1. What's your favorite fruit? How often do you eat it? Why do you prefer it over others? Does fruit belong on pizza?
2. Do you know your next door neighbors? What makes someone a good neighbor? Are you a good neighbor?
3. Did anything about this week's worship service, "Confirmed: Sustained," surprise or challenge you? What was your takeaway from this week's message?
4. Read Galatians 5:13-26. What is the "freedom" to which the apostle Paul refers in this passage? Do you feel that sense of freedom in your own life? What influence does such freedom have on the way you live?

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5. Pastor Amy often uses “breath” as another word for Spirit. Is it helpful to think about the presence of the Spirit every time you take a breath? Could you consider using a breath prayer, as Pastor Amy demonstrated? What difference might such a practice make in your daily life? What is the other word for Spirit that Pastor Amy mentioned?

6. Read John 14:15-17 and 25-27. Jesus called the Holy Spirit the “Advocate” and prepared his followers to be taught and reminded by the Spirit on their faith journey. Do you experience the Spirit as such a guide? What practices could help you “abide with” the Spirit?

7. “Sustainer” is a common descriptor for God and often is used to describe the work of the Holy Spirit. Think about how we rely on food for physical sustenance. How does the Holy Spirit provide spiritual sustenance?

8. Read Romans 8:9-11 and 26-27. Many of us pray in times of need, and we often find it easier to pray for others than to pray for ourselves. How does it feel to know that the Holy Spirit prays for you, particularly when you cannot find the words yourself?

9. Read Galatians 5:22-26 again. What does it mean to “live by the Spirit?” Which virtue in this list comes more easily to you at this stage of life? Which is a challenge? How can the Holy Spirit help you grow in this area?

10. How might your group pray for you in the coming days?

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